



Name : _____ Teacher : _____ PE class : _____

Burnaby Mountain Secondary Physical & Health Education Interim

Helping students acquire the knowledge, skills, and attitudes needed to develop and maintain their overall health and wellbeing

Student Work Habits

| GOOD | SATISFACTORY | NEEDS IMPROVEMENT |
|--|---|--|
| <ul style="list-style-type: none"> On time for class, and properly dressed for physical activity. Actively involved in learning; asks Qs, participates respectfully in fitness warm-ups, drills, games, fitness Fridays, and works well with any partner/team.. Always displays leadership, role modeling, and takes initiative. Always demonstrates respect for the equipment and facility Listens to feedback and practices to improve skills learned in class. Uses personal technologies responsibly | <ul style="list-style-type: none"> Usually on time for class, but sometimes not properly dressed for physical activity. Usually actively involved in learning: fitness warm-ups, drills, games, and fitness Fridays, and working with partner/team. Sometimes displays leadership and role modeling Needs reminders to respect equipment and facility sometimes. Usually listens to feedback but continues to practice old habits. Sometimes needs reminders to use personal technologies responsibly | <ul style="list-style-type: none"> Often late for class and not properly dressed for physical activity. Needs support to become involved in learning: fitness warm ups, drills, games, fitness Fridays, and working with partner/team. Rarely displays leadership, role modeling, and does not take initiative. Disrespects equipment ,facility, and teacher Does not listen to feedback and does not practice implementing the skills learned in class. Personal technologies interfere with learning |

| Three areas of strength that support my learning | Three areas that will further support my learning |
|--|---|
| | |

Student Signature:

Teacher Signature:

Parent/Guardian Comment:

Parent/Guardian Signature: